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# Balancing Scales and Well-Being: Navigating Mental Health Challenges in Law

## FEATURED ATTORNEY

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**Carolyn Reinach Wolf**

Executive Partner

Balancing Scales and Well-Being: Navigating Mental Health Challenges in Law. Abrams Fensterman Executive Partner, [Carolyn Reinach Wolf](#) was a panelist on the [Knowledge Group](#) webinar. Learn More [here](#):



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Live on: April 12th from 12:00 pm to 1:00 pm ET

## Featured Speakers:



**Carolyn Reinach Wolf**  
Executive Partner  
*Abrams Fensterman LLP*



**Elizabeth Eckhardt, PhD**  
Director  
*Nassau County Bar Association -  
Lawyers Assistance Program*

## Key topics:

- Substance Abuse in the Legal Profession: Recent Trends and Statistics
- Risk Factors of Substance Abuse Among Lawyers
- Warning Signs of Substance Abuse
- Practical Tips and Resolution Strategies for Personal Self-care
- Practical Tips and Resolution Strategies for Professional Self-care
- Ethical Implications on the Practice of Law
- What Lies Ahead