

Moriah Adamo Featured on The Good Neighbor Podcast: Elder Law, Estate Planning, and Protecting Your Future

FEATURED ATTORNEY



Moriah Adamo

Partner

Moriah Adamo, Directing Manager of [Abrams Fensterman's Elder Law and Estate Planning / Administration Department](#) in Long Island, recently joined [The Good Neighbor Podcast](#) to discuss how families can secure their future through thoughtful planning. She emphasizes the importance of protecting loved ones, navigating Medicaid planning and applications, and ensuring long-term stability. With a deep personal connection to elder law, Moriah offers both experienced and compassionate guidance to help families make informed decisions.

A Career Built on Experience and Dedication

Moriah's journey from working in restaurants to becoming an equity partner at Abrams Fensterman has shaped her client-first approach. Having held nearly every position in a law firm—from receptionist to partner—she understands the challenges her clients and team members face. This perspective makes her an effective leader and advocate.

Listen to the full episode:



Key Takeaways from Moriah's Podcast Appearance

The Power of Planning: Protecting Your Legacy

Estate planning isn't just about what happens after you pass—it's about ensuring your wishes are honored while you're alive. Moriah emphasized that planning early allows individuals to age with dignity and maintain financial security. She works closely with families on estate administration, asset protection, and Medicaid planning to help them navigate life's complexities.

A Personal Journey: From Family Experience to Legal Advocacy

Moriah's passion for elder law stems from personal experience. As a law student, she was helping families with estate planning while simultaneously navigating her own family's challenges—her grandfather's passing and her grandmother's Alzheimer's diagnosis. This dual perspective fueled her mission to provide practical, compassionate legal counsel to others facing similar situations.

Misconceptions About Estate Planning and Elder Law

Many people think estate planning is only about distributing assets after death. In reality, it plays a crucial role in ensuring financial stability during one's lifetime. **Key myths debunked by Moriah:**

- **"It's too early to plan."** Estate planning is beneficial at any stage of life, even for young adults needing basic legal directives.
- **"It's too late for Medicaid planning."** Even families in crisis situations can preserve assets and access care with the right legal strategy.

- **“Estate planning is only for the wealthy.”** In fact, middle-class families often benefit the most from proactive planning to protect their hard-earned assets.

Changes to Medicaid Laws in 2025: What You Need to Know

Medicaid laws are constantly evolving, and New York State is expected to implement a **2.5-year lookback period** for Community Medicaid benefits in **2025**. This change will impact home health aid and assisted living eligibility. Moriah advises families to begin planning **now** to maximize available benefits.

Contact Us

For more information on Abrams Fensterman’s Elder Law and Estate Planning Practice, visit [Moriah’s bio](#) or contact us [here](#).