
Mental Health Matters with Carolyn Reinach Wolf: Navigating Back-to-School Stress

FEATURED ATTORNEY



Carolyn Reinach Wolf

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Carolyn Reinach Wolf, Executive Partner at [Abrams Fensterman](#) and Director of its unique [Mental Health Law](#) practice, explores how transitioning from summer to the new school year or returning to work can amplify mental health challenges. Stress, often a trigger for mental health issues, can escalate in students and adults alike. Through this episode, Carolyn dives into the warning signs and how proactive steps can help manage mental health crises.

Highlights:

- The importance of early identification and intervention in managing mental health issues.
- Real-life example: A 17-year-old high school senior named Sam facing bullying, stress, and worsening mental health.
- Practical steps families can take, from therapy to legal measures like advanced directives and case management.
- Insight into legal tools available when a child turns 18 and enters adulthood.

Listen to the latest episode of **Mental Health Matters** with Carolyn Reinach Wolf.

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Weekly
Radio Show



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