

---

# Mental Health Matters with Carolyn Reinach Wolf: Aging Parents and Adult Children

## FEATURED ATTORNEY

---



**Carolyn Reinach Wolf**

Executive Partner, Emeritus

In the latest episode of **Mental Health Matters**, [Carolyn Reinach Wolf](#), Executive Partner at [Abrams Fensterman](#) and Director of the firm's [Mental Health Law](#) practice, explores the critical legal and mental health planning necessary for aging parents caring for adult children with mental health challenges. Highlighting her unique expertise in family-focused mental health law, Wolf discusses the importance of early intervention, communication, and comprehensive planning to address issues such as guardianship, housing, and financial security for adult children once their parents are no longer able to care for them.

Drawing on real-life cases, Wolf emphasizes the need for families to avoid potential crises, including tragic outcomes like the recent Long Island murder-suicide. She outlines practical strategies, including involving mental health professionals, securing legal authority through guardianships, and ensuring access to public benefits such as Medicaid or SSI. The episode underscores the value of proactive planning to mitigate anxiety, depression, and uncertainty for both the adult child and their extended family after the loss of a parent.

Through collaborative efforts with case managers and clinicians, Wolf's team provides a structured and compassionate approach to ensuring a smooth transition for families, protecting vulnerable individuals, and fostering positive outcomes. This episode is a must-listen for families navigating the complexities of mental health and elder law care.

As always, listeners are encouraged to reach out to the Abrams Fensterman's unique Mental Health Law practice for guidance and support on these issues.

A|F ABRAMS FENSTERMAN, LLP  
ATTORNEYS AT LAW

# Mental Health Matters

[www.abramslaw.com](http://www.abramslaw.com)

Weekly  
Radio Show



Hosted By:

**Carolyn Reinach Wolf**  
EXECUTIVE PARTNER