

# Jill Spielberg Shares Her Story on the Podcast Mic'd and Medicated: A Conversation on Divorce, Loss, and Rediscovering Love

## FEATURED ATTORNEY



**Jill Spielberg**  
Executive Partner

We are proud to share that [Jill Spielberg](#), Director of the Matrimonial and Family Law Practice at Abrams Fensterman's [White Plains](#) office, was recently featured on the popular podcast Mic'd and Medicated. In a deeply personal and powerful episode titled "[How a Divorce Lawyer Survived Becoming a Widow with 2 Young Kids to Find Love Again](#)", Jill opens up about both her professional insights and her personal journey through grief, single parenthood, and resilience.

With over two decades of experience guiding high-net-worth individuals through divorce, custody battles, and family trauma, Jill is no stranger to complex emotional terrain. But in this intimate and unfiltered conversation, she speaks not only as an attorney—but as a widow, a mother, and a woman who has found meaning on the other side of heartbreak.

- ? Why "staying together for the kids" may cause more harm than good
- ? The surprising truth behind the cause of most divorces (hint: it's not money or infidelity)
- ? How Jill's own experiences with loss shaped her empathetic approach to family law
- ? What prenups can reveal about expectations in marriage
- ? The courage it takes to start again

Jill's story is a testament to the power of vulnerability, perspective, and growth. Her honesty offers comfort and strength to anyone navigating difficult transitions—inside or outside the courtroom.

Listen to the full episode below or on Spotify [here](#).